

FIRST STATE POWER FRENZY
September 15, 2007
The Training Center
New Castle, Delaware
Meet Directors: Kate Baird & Broderick Chavez

SQUAT ONLY

EQUIPPED

Women

Teen I

181

Anna McCloskey 480

BENCH ONLY

AAPF

Raw

Men

Open

220

Chris Webb 400

Master II

Chris Webb 400

EQUIPPED

Women

Teen I

181

Anna McCloskey 225

Men

Open

308

Brian Ernst 565

POLICE AND FIRE

Master I

275

Billy Eastridge 335

APF

EQUIPPED

Men

Junior

198

David Poole 520

220

Ted Morris 585

Open

220

David Reliford		540		
275				
Joel Toranzo		775		
Master II				
242				
Jeffrey Anderson		505		

DEADLIFT ONLY

AAPF

EQUIPPED

Women

Teen I

Anna McCloskey			405	
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APF

RAW

Women

Master V

De'Borah Better			235	
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EQUIPPED

Men

Guest Lifter

SHW

Matt Wilson			765	
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PUSH / PULL

BCH

DL

TOTAL

AAPF

Men

Master I

275

Dan Long		475	565	1040
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FULL POWER **SQ**

BCH

DL

TOTAL

AAPF

RAW

Women

Junior

148

Joy Sleeman	230	105	260	595
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APF

Men

Open

165

Andre Ferreira	385	320	475	1180
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275

Jonathan Watts	410	295	475	1180
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Sub-Master

181

Mike Pennington	375	275	425	1075
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EQUIPPED**AAPF****Women**

Teen I

181

Anna McCloskey	480	225	405	1110
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Men

Open

220

Brian Lego	555	415	500	1470
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242

Mark Beardon	700	455	500	1655
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Toan Khuu	585	355	640	1580
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308

Aaron Utermahlin	850	680	570	2100
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SHW

Tom Ruzala	875	580	700	2155
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Marty Nickel	555	475	500	1530
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APF**RAW****Men**

Open

165

Andre Ferreira	385	320	475	1180
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275

Jonathan Watts	410	275	475	1180
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Sub-Master

181

Mike Pennington	375	275	425	1075
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EQUIPPED**Women**

Open

165

Teri Mangini	405	315	375	1095
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Men

Open

181

Mike Romeo	550	400	500	1450
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275

Chris Mitchem	820	525	565	1910
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Don George	645	250	525	1420
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